

Have a
dance
contest.

Indoor Winter Games/ Challenges

Animal Charades

Pick an animal act like that animal without speaking. See if other people can guess what the animal is.

Heads and tails

Get everyone to choose an action, place their hands on their heads or bottoms. If the action you have chosen is the same action the coin lands on you are out.

Do a family workout.

Find a Joe Wicks 5 minute workout video to copy

Penguin waddle

Place a balloon between your legs walk across the room without dropping it.

Musical statues

Shape hopscotch

Using coloured paper, cut out different shapes, then toss an item like a coin to see what shape it lands on. Hop to the end avoiding shape the item landed on.

Indoor treasure hunt

Take photos of items and then hide them around the house for the children to find and bring back to you.

Balancing beam

Using coloured tape or masking tape, make a straight line across the floor to balance across.

Indoor obstacle course

Set up your own indoor obstacle course and see how fast you can complete it.